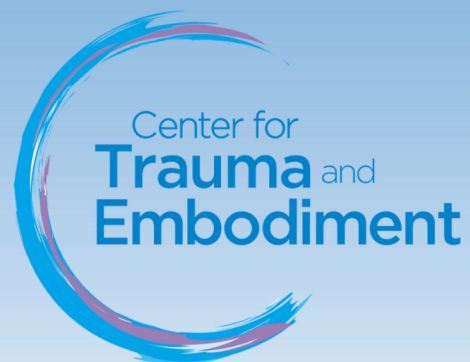


Center for Trauma and Embodiment presents the

*5th International Conference*  
**on Trauma & Embodiment**

**April 5-7, 2024 • Online**



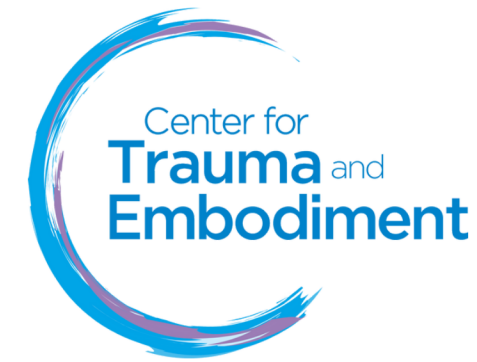
[healwithcftc.org/conference](https://healwithcftc.org/conference)

# About CFTE

Center for Trauma and Embodiment is a global health initiative dedicated to researching and developing embodied trauma care models.

For over 20 years, CFTE has been a global leader in empirically validated, clinical interventions for complex trauma and PTSD, having established the original framework for trauma informed programming used by many other organizations today.

Our trainers, facilitators, and participants come from over 40 countries, territories and First Nations. In 2022 alone, more than 30,000 people around the world participated in at least one of our care models by way of individual or group sessions, trainings, or research studies.



Dave Emerson, YACEP  
Co-Director



Jenn Turner, LMHC  
Co-Director



Sydney Spears, Ph.D  
Leadership Member

**Center for Trauma and Embodiment is a 501(c)3 non-profit based in Boston, Massachusetts.**

*Our programs include:*

Trauma Center Trauma Sensitive Yoga

Trauma Informed Weight Lifting

ReScripted: A theatre-based program for trauma-impacted youth

International Conference on Trauma & Embodiment



# The International Conference on Trauma & Embodiment

Center for Trauma and Embodiment's annual conference brings together leaders in yoga, movement, fitness, mental health, & trauma care from around the world to share and explore innovations in trauma healing that center the body.

*Past keynote presenters include:*

2023: Justice Williams & Kenneth Shirley

2022: Jacari Harris & Aysha Upchurch

2021: Quentin Vennie & Ellice Patterson

2019: Dr. Thema Bryant & Jared Kass, PhD



CFTE intentionally platforms keynote and breakout presenters from all over the world who are members of and work within communities that experience greater levels of historical or intergenerational trauma from institutional oppression and systemic racism.





# 2024 Conference

Presented fully online via Classy Live, our upcoming conference, hosted by CFTE leadership, comprises three keynote speakers and twelve breakout presentations along with movement, meditation, and reflection breaks. Speakers are from Australia, China, France, New Zealand, Palestine, Puerto Rico, Syria, Turkey, and the United States.

CFTE offers a sliding scale registration fee from \$59-\$99 to enhance accessibility, along with ASL and Spanish language support.

## Schedule:

Friday, April 5  
6:00 - 8:30 PM EDT

### Keynote Speaker:

Jase Te Patu  
Aotearoa New Zealand

Saturday, April 6  
9:00AM - 1:00PM EDT

### Keynote Speaker:

Dr. Tiffany Johnson  
Georgia, United States

Sunday, April 7  
9:00 - 11:45 AM EDT

### Keynote Speaker:

Marien Torres-Lopez  
Puerto Rico

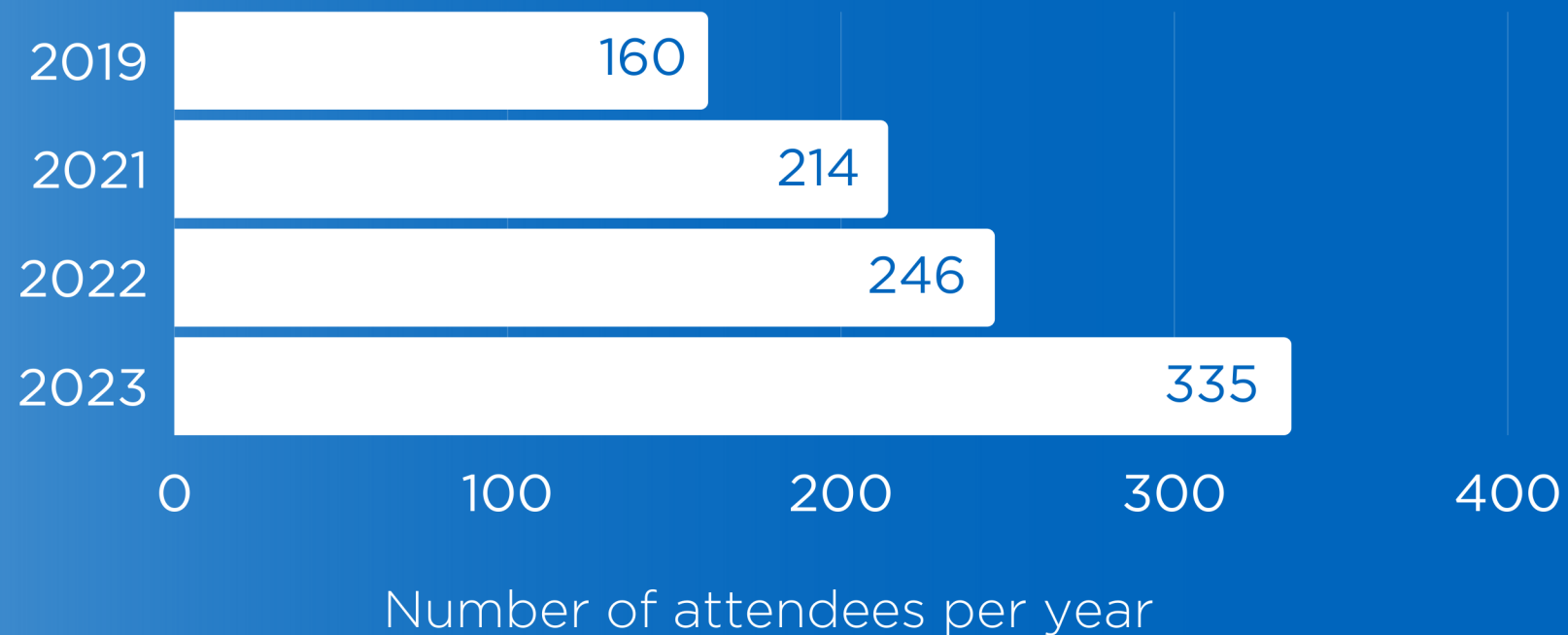




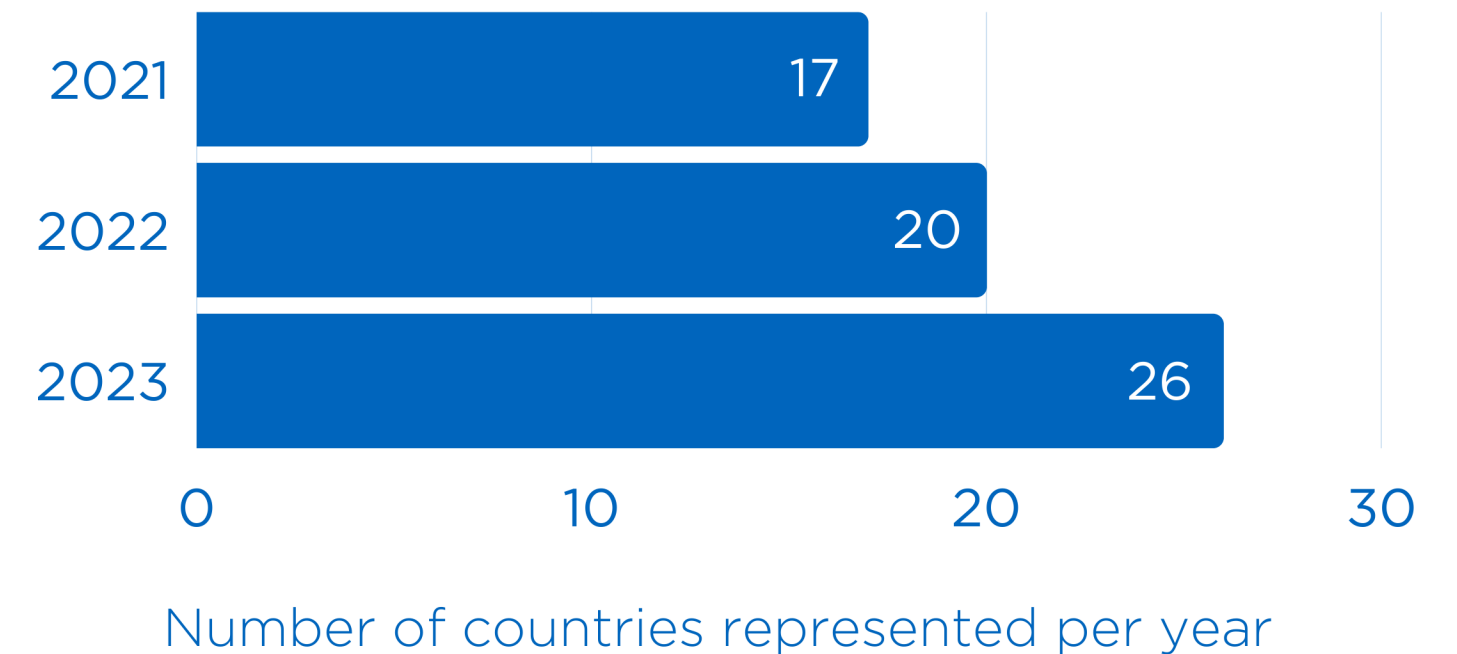
# A Growing Audience

Conference attendees include fitness and mental health professionals, trauma care and community providers, and yoga teachers. In 2023, 80% of attendees were certified trauma sensitive yoga facilitators.

Over the past four events, attendance has grown steadily at an average of 27% per year, with 1 year off due to the global pandemic.



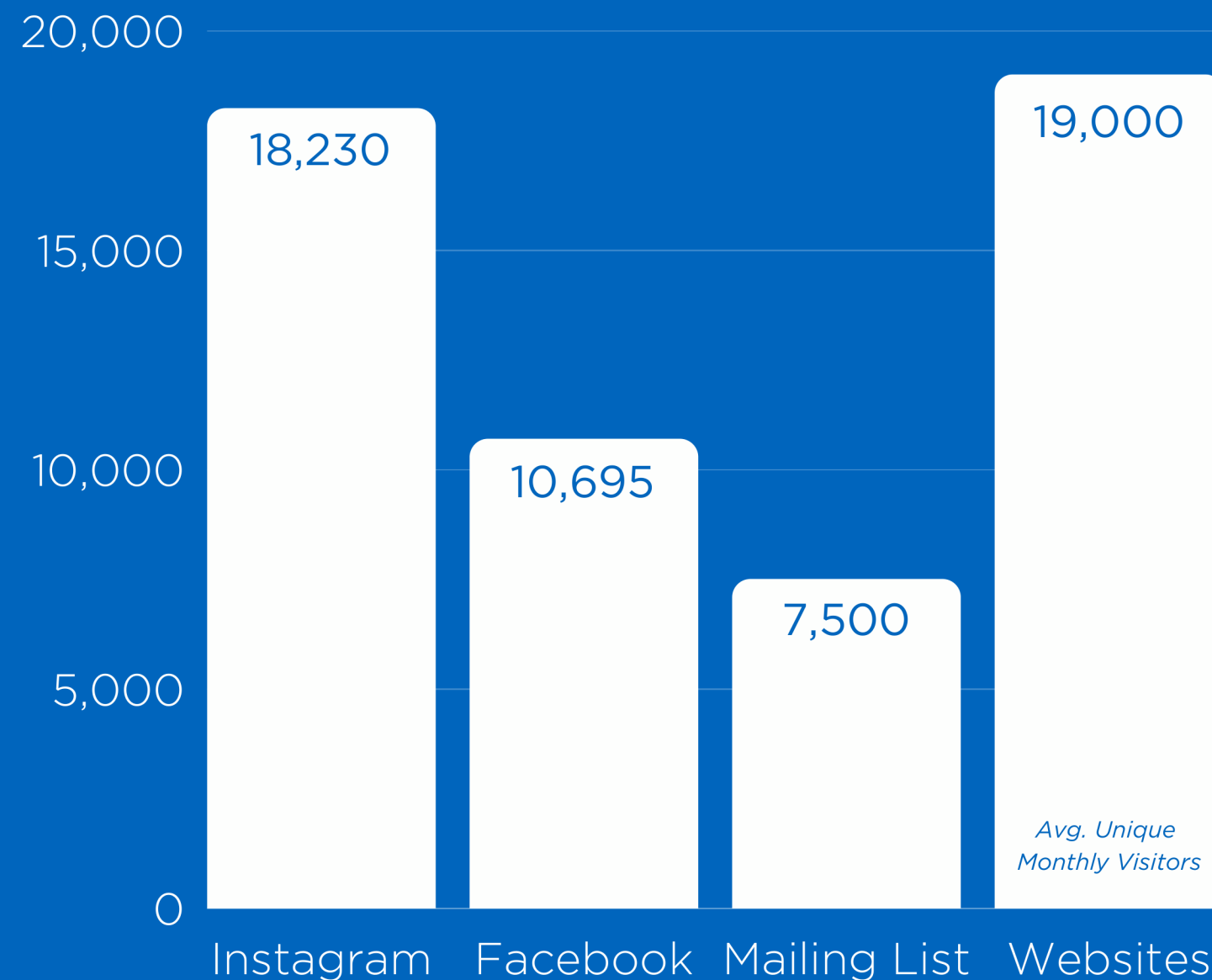
In 2023, 335 people tuned in from 26 different countries around the world.





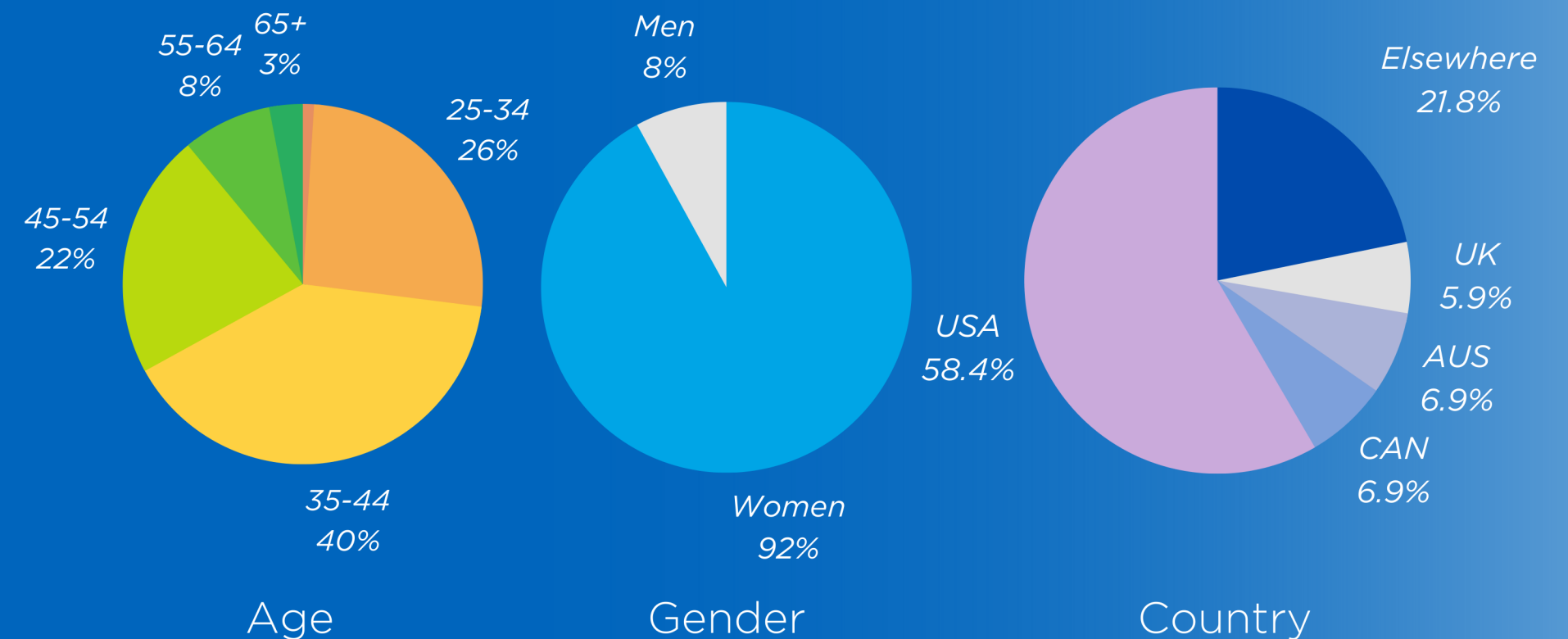
# Our Digital Reach

Combined audience of unique website visitors, social media followers, & email subscribers:



With an ever expanding network of practitioners and participants, we are able to connect with thousands of people around the world in an instant. Donors to CFTE can benefit from increased visibility to our worldwide audience of followers, subscribers, and website visitors as they interact with our digital content and channels.

## Social media demographics:





# Sponsorship Benefits

Your donation supports our direct service initiatives for people impacted by complex trauma and PTSD, including veterans, indigenous communities, gender non-conforming youth, and refugees.

To make your donation, proceed to the conference registration page or reach out to our Donor Engagement Coordinator, Mindy Levine:

[healwithcfte.org/conference](https://healwithcfte.org/conference) • [mlevine@jri.org](mailto:mlevine@jri.org)

## **Power Lifters - \$10,000+**

Official Conference Presenter  
20 Full Access Tickets  
Logo in all conference marketing materials  
Verbal recognition during the event  
Offer “promo code” to attendees

## **Strength Builders - \$5,000+**

10 Full Access Tickets  
Logo on conference page and social media  
Offer “promo code” to attendees

## **Mindful Movers - \$2,500+**

5 Full Access Tickets  
Logo on conference page and social media

## **Choice Makers - \$1,000+**

2 Full Access Tickets  
Logo on conference page and social media

## **Engagers - \$500+**

1 Full Access Ticket  
Logo on conference page





*Excellent, informative, joyful*

La experiencia fue muy significativa y enriquecedora, distintos profesionales, diversidad cultural.

*What a nourishing weekend... went so smoothly*

Excellent, relevant and a rich diversity of presenters

**Seamless technology with incredible information to assist with growth and overall awareness.**

**Excellent. Either I've grown or the conference has or both, but I got so much out of this conference.**

Absolutely reinvigorated into the work I do after this. It was very inclusive, with every single session expertly presented in a relatable way.

*Wonderful!*